University of Missouri - St. Louis

University Health, Wellness & Counseling Services

HEALTH SERVICES
WELLNESS RESOURCE CENTER
COUNSELING SERVICES
CONTACT US

UHWCS provides services to students, faculty, and staff from a holistic perspective with consideration given to the six dimensions of wellness. Our primary objective is to assist students in maintaining their optimum level of wellness so that they are able to achieve their maximum academic potential.

Services provided are organized into three major areas within UHWC: Health Services, the Wellness Resource Center, and Counseling Services.

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